

HSCC/SES/SJH/Kitchen/2016

Dated: 20.12.2016

All Bidders

Amendment -XXI

Subject: Outsourcing of Kitchen Services on Plan, Design, Supply, Installation, Operation, Maintenance of Kitchen Equipment and Utensils including supply of raw materials eg. Food grain, raw vegetables, paneer, egg, milk etc, Preparation, cooking and distribution of good quality meal/food and collection of dirty dish to and from each bed on daily basis for Super Speciality Block & Emergency Block at Safdarjung Hospital, New Delhi.

IFB No. : HSCC/SES/SJH/Kitchen/2016 dated 29.04.2016

This has reference to above IFB.

The following Amendment may be noted which shall be treated as part of the tender document and to be submitted duly signed & stamp along with tender.

Sr. No.	Bidder's Query	Amendment/Clarification
1.	Contract period should be 10 years instead of 3 years.	Contract period is increased to 5 years and that will be extendable for further 5 years depending on the satisfactory performance of the contractor.
2.	BOQ rates should be excluding of all Taxes.	Tender Terms & Conditions prevails. However there will be a reimbursement/recovery for differential amount of taxes in case of any increase or decrease by the Government during the contract period and payment of additional taxes and duties shall be made at actual against the receipt of documentary evidence of payment of taxes and duties to the concerned authority.
3.	The bidders insisted for annual rate revision of works.	Year wise Annual rate in revised BOQ has to be filled and year wise rate will be added for ranking.
4.	DG set for power back up as mentioned in the tender document may	Meeting of power/DG power through sub meter to be paid by

	be deleted.	agencies.
5.	Brand/make of the items should be provided.	Milk –DMS/Mother Dairy/Amul Paneer – DMS/Mother Dairy/Amul Edibile Oil (Soyabean Oil) – Ruchi/Dhara/Kanodia Butter- Amul/Mother Dairy Pulses/Rice/Masalas/Atta – Agmark/fssai

The diet Chart for different types of Diet is enclosed as Annexure –A.

The bid submission date is extended from 20.12.2016 to 28.12.2016 and bid security should be valid for 210 days from the date of bid submission ie. from 28.12.2016.

All other terms & conditions remain unchanged.

Chief General Manager, HSCC (I) Ltd.
 For and behalf of Medical Superintendent, Safdarjung Hospital, New Delhi

SAFDARJUNG HOSPITAL, NEW DELHI

DEPARTMENT OF DIETETICS

**Uremic Diet
(30g Protein)**

SJH-95

Meal Time	Menu	Household measures/ Amount	
Early Morning	Tea (Skimmed Milk)	1 cup (20 ml milk)	
Breakfast	Bread/Suji/Sewai/ Corn flakes/Poha 1 boiled egg Paneer Seasonal fruit	2 slices/3 tablespoon 1 egg/30 g 1 medium size.	
Lunch	Chapati (Wheat flour+ suji/maida) Dal Boil & discard water Vegetable with potato Curd	3-4 No. (100 g) 1/2 katori (20g) 1 katori (250g) 1/2 katori (50g)	
Evening Tea	Tea Arrowroot biscuit/Rice vada/Sagovada/Potato halwa/Chips	1 cup* Any amount	
Dinner	Rice/Sago Khichdi Dal Boil & discard water Vegetable with potato Curd	1 big bowl (100g) 1/2 katori (20g) 1 katori (250g) 1/2 katori (50g)	

Sugar - 30g/day = 6 teaspoon per day

Oil/Fat - 15ml/day

Foods to be avoided

- Remove seeds of the fruit & vegetables.
- Extra milk and milk products.
- Dried beans/Peas/Pulses
- Meat/Fish/Chicken
- Green leafy vegetables/Fruit juices.
- Dried nuts.
- Cakes/Jams/Jellies or preservative added products.

Fruits Allowed

- Apple, watermelon, papaya, pineapple, orange, banana, guava.

VIP Diet Chart

VIP Diet ---

- Paneer for 1 meal in place of dal
- Juice-Real/Tropicana
- Richers fruits like apple

Breakfast for VIP pts ---

- Upma
- Poha
- Cornflakes
- Paneer Sandwich
- Oats
- Idli

General:

Balanced Diet

1600Kcal – protein 55gm

Early Morning:

Green Tea

Breakfast:

1 cup oats *upma* / 2 oats *dosa* / *daliya*
+ 1 glass boiled milk

Mid-morning:

1 cup boiled *moong* / 2 egg white omelette / 2 boiled egg white
Coconut water + 1 small fruit

Lunch:

A big plate of salad
+ 2-3 *phulkas* or 1 medium bowl of rice
+ 2 vegetable gravies / *sabji* - 1 ½ bowl
+ 1 medium bowl of curd
+ 1 medium bowl *dal* or chicken/fish curry

Post lunch:

1 small fruit

Evening:

A cup of green tea
+ 2-4 tsp of roasted *chana*

Late evening:

A bowl of soup (vegetable / chicken)

Dinner:

A big plate of salad
+ 2-3 *phulkas* or 1 medium bowl of rice
+ 2 vegetable gravies
+ 1 medium bowl *dal* or chicken/fish curry

Before bed:

1 glass milk boiled

टी.बी. आहार चार्ट

2700 किलो कैलोरी, 102 ग्राम प्रोटीन

समय		मात्रा	
प्रातः काल	हरी चाय + मल्टी ग्रेन बिस्कुट	1 कप 1-2	
नाश्ता	आटा ब्रेड सैंडविच/ भरवा परांठा या दलिया/ सूजी की खीर फलों की चाट दूध/ दही/ छाछ	2 1½ कटोरी 1 कटोरी 1 कप	
नाश्ते के बाद	फलों का रस उबले अंडे / पनीर	1 गिलास 2 पीस/ 100 ग्राम	
दोपहर का खाना	रोटी / चावल + मौसमी सब्जी + दाल + दही/ छाछ	2-3/ 2 कटोरी 1 ½ कटोरी 2 कटोरी 1 कटोरी	
खाने के बाद	नारियल पानी/ फलों का रस	1 गिलास	
शाम	अकुरित व सब्जियों का सलाद + दूध	1 बड़ी कटोरी 1 कप	
खाने से पहले	दाल का सूप/ चिकेन का सूप	1 गिलास	
रात का खाना	रोटी +मौसमी सब्जी	2-3 2 कटोरी	
सोने से पहले	दूध	1 कप	

मधुमेह तरल आहार

1800 किलो कैलोरी , प्रोटीन 60 ग्राम

	समय		मात्रा
1	प्रातः काल 7:00- 8:00	स्कीम/टॉड दूध + 1 कच्चा अंडा	250 ml 1
2	नाश्ता 9:00-9:30	सब्जियों का सूप (पालक + टमाटर+ बंदगोभी+ घिया+ गाजर)	250 ml
3	नाश्ते के बाद 10:00-10:30	छाछ / लस्सी	250 ml
4	दोपहर 12:00-1:00	दाल का सूप / चिकेन सूप	250 ml
5	खाने के बाद 2:00- 3:00	भारियल पानी	250 ml
6	शाम 4:00-5:00	सोया मिल्क / टॉड दूध + कच्चा अंडा / प्रोटीन पाउडर	250 ml 1/ 2 चम्मच
7	देर शाम 6:00-7:00	चना सूप	250 ml
8	रात्रि का खाना 8:00- 9:00	स्कीम दूध / टॉड दूध +प्रोटीन पाउडर	250 ml 2 चम्मच

हर 2-2 घंटे में थोड़ा थोड़ा खाये

खूब पानी पीये

250 ml = 1 गिलास

SAFDARJANG HOSPITAL
DIETETICS DEPARTMENT
DIET PLAN FOR PEM (age gp 4-6 years)

ENERGY : 1600 kcal

PROTEIN : 65g

TIME	MEAL	MENU	INGRDIENTS	AMOUNT	HOUSEHOLD MEASURE
7.00 a.m.	Early morning	Skimmed Milk with Biscuit	Skimmed milk Sugar biscuits	250ml 5g 30g	1 glass 1tsp 3
9.00 a.m.	Break fast	Fried bread whole egg with milk	Whole egg Brown bread Oil Milk Sugar	50g 30g 5ml 125ml 5g	1 no. 1 slice 1 tsp ½ cup 1 tsp
11.00 a.m.	Mid morning	Fruits (seasonal)	Papaya/Mango/Banana	100g	1 medium
1.00 p.m.	Lunch	Mixed vegetable Khichri/mixed Vegetable dalia with curd	Dalia Green gram dal Potato Spinach Oil curd	15g 30g 10g 50g 10g 25g	1 tsp 1 katori 1 small 1 small bunch 2 tsp ½ katori
5.00 p.m.	Evening tea	Banana shake	Banana Milk Sugar	40g 125ml 5g	1 small ½ glass 1 tsp
8.00 p.m.	Dinner	Rice with Meat/paneer/chicken/fish soyabean/dal curry carrot	Rice Meat Toamato Carrot oil	30g 40g 50g 50 g 5 ml	1 katori 1pc ½ katori ½ katori 1 tsp
10.00 p.m.	Post dinner	Kheer	Ragi/rice/bajra Milk Sugar	30g 250ml 10g	1 katori 1 glass 2 tsp

Food to be Taken

1. Good quality Protein like Egg, Chicken, Fish, Meat.
2. Milk and Milk products like Paneer, Butter, Khoa and ghee.
3. Pulse like soyabean dal, rajma, chana, cow pea, horse gram, and arhar dal.
4. Vegetables like spinach, meethi, carrot, cauliflower, tomato, bathua, cabbage, soya leaves chola leaves.
5. Fruits like banana, chikku, papaya, orange pineapple.
6. Cereal like cornflakes, dalia, rice flakes, oat meals.

VIP Diet Chart

VIP Diet ---

- Paneer for 1 meal in place of dal
- Juice-Real/Tropicana
- Richers fruits like apple

B Part for VIP pts ---

- Upma
- Poha
- Cornflakes
- Paneer Sandwich
- Oats
- Idli

PRICE BID

Name of the bidder:



SCOPE OF WORKS- Providing of Kitchen Services through PLAN, DESIGN, SUPPLY, INSTALLATION, OPERATION, MAINTENANCE of Kitchen Equipment and Utensils on turnkey basis including supply of food grain, and raw vegetables, spices(mashala), edible oil and Preparation, Cooking and Distribution of good quality Breakfast, meal & Snacks and collection of dirty dish for cleaning to and from each bed on daily basis for 1307 bedded Super Specialty Block (SSB) & Emergency Block at Safdarjung Hospital. In addition to the above, the scope of works also include expenditure on consumption of Electricity, Water, LPG/PNG and Detergent for operation of Kitchen in the given area at SSB of Safdarjung Hospital for period of 36 months.			
SL. NO	PARTICULARS	RATE in Rs.	RATE IN WORDS
1	Year wise Charge for serving Breakfast, Lunch, Snacks and Dinner per bed per day as per Annexure-VIII & Amendments of tender document.		
	Thali Rate for following year		
	PART-I		
	Year I		
	Year II		
	Year III		
	Year IV		
	Year V		
	Extendable Period		
	PART-II		
	Year VI		
	Year VII		
	Year VIII		
	Year IX		
	Year X		

Total (Part I + Part II)



Date _____ Signature _____
 Name of bidder _____
 Seal of the bidder _____

